

How to Plant Your Seed Tape or Seed Mat:

Once it's time to plant your seeds, prepare the ground in your garden so it is workable, free of weeds, and there are no large lumps of soil. Score a shallow line or square for your tape or mat.

Look at the proper planting depth for your seeds, lay your seed tape or seed mat down, and cover to the appropriate depth.

Thoroughly water where you have sowed your seeds.

When your seedlings come up, they will already be spaced properly so you don't have to thin the row (unless you add extra seeds like I did for my old carrot seeds, but there will be much fewer seedlings to pull than if I had overseeded the whole row). If there are gaps where seeds have not germinated, use any extra seeds to direct sow in those spaces.