

How to Make Recycled Paper Seed Bombs

Supplies:

- Seeds
- Paper – old newspaper, sale ads (non-glossy), construction paper, paper bags, etc.
- Water
- Blender or food processor
- Cookie sheet

Instructions:

1. Cut or tear the paper into small pieces.
2. Soak the paper in warm water for about 30 minutes.
3. Pour out most of the water and place in blender or food processor, and blend into a pulp.
 - a. *NOTE: I used a Magic Bullet and it really doesn't like to blend without a sufficient amount of liquid so I had to add more water and then drain at the end. A food processor or full-size blender might work better.*
 - b. *NOTE: Don't have a blender or food processor? Let the paper soak a little longer, then pour out some of the water and start tearing into smaller pieces. Keep placing back into the remaining water to help separate out the pieces and soften again. Tear until you have small chunks of paper that are workable and pour out excess water. This worked with newspaper for me, I didn't try any other paper.*
4. Pour the paper pulp back into a bowl, sprinkle in some seeds and mix.
5. Take a small scoop of the mix and form it into a ball. If the mixture is too dry to hold its shape, add a little water and then wring out all extra water from your ball. Place on a cookie sheet or tray and allow to dry overnight.
6. Store in a cool dry place until ready to use.

Depending on the type of seeds you used, toss the seed bomb into the garden when the weather is appropriate and let nature take care of it. Rain (or your watering can) will initiate germination and break down the paper of the seed bomb so the seedlings can settle into the garden and grow. Not only is this activity fun for kids to make, it's also fun for them to throw the seed bombs and watch their plants come up!

NOTE: These seed bombs are meant to be used in a home garden. Klehm Arboretum does **not** recommend or advocate sowing your seed bombs in natural areas or anywhere that is not your property. If you have a natural area on your property that you want to use seed bombs on, please be sure to use seeds that are native to our area and will not disturb the natural ecosystem.