

## How to Sprout Kitchen Scraps - Carrot Edition

### **Supplies:**

- The top 1" of a carrot
- Small dish
- Water

### **Instructions:**

1. Cut off the top 1 inch of a carrot top.
2. Place it in a shallow dish with just a little bit of water to cover the bottom.
3. Place it in a location that gets indirect sunlight.
4. Wait patiently! After several days, new leaves will sprout from the crown and small roots will form off the taproot.
5. After the carrot tops get a few inches tall and the roots are more visible, you can pot your carrot tops in a small container to use as a house plant if you'd like. Make sure to place the crown at the top of the soil level.